

THE Brookside Bulletin

April 2017, Volume III

BROOKSIDE
HEALTHCARE AND REHABILITATION
CENTER

A Member of **NATIONWIDE**
HEALTHCARE SERVICES

MEET OUR DEPARTMENT LEADERS

- **Missy Hallman**
Administrator
- **Robin Ziegler**
Activities Director
- **Donna Schwendiman**
Director of Nursing
- **Aaron Mitchell**
Food Service Director
- **Jennifer Thompson**
Assistant Director of Nursing
- **Kathleen Belaong**
Program Director
- **Karen Ball, Liaison**
- **Monique Brown**
HR
- **Nicole Harper, Admissions**
- **Nicole Chandler & Angela Jackson, RNACs**
- **Dawn Manila, MSW, LSW**
Director of Social Service
- **Cathy Kuemmerle**
Medical Records
- **Sylvia Jones**
Business Office Manager
- **Kathy Palilonis**
Infection Control
- **Marlon Colter**
Maintenance Director
- **Julie Kimble, Dietician**
- **Edith Rodriguez**
Housekeeping & Laundry Supervisor
- **Millie Seltzer & Jenna Cassel**
Unit Managers

From Our Administrator

*"You've gotta dance like there's nobody watching,
Love like you'll never be hurt,
Sing like there's nobody listening,
And live like it's heaven on earth."*

—William W. Purkey

My residents know me well for singing, dancing and loving them always....

Missy Hallman

Administrator, Brookside Healthcare & Rehabilitation Center

Resident of the Month: Mary Zinn

Mary has a beautiful voice and has always enjoyed singing. She is Brookside's songbird! Her beauty and her voice got her voted Miss USO during the war and she got to visit with our troops.

Whenever there is musical entertainment, you will be sure to see Mary there, singing away to every song, every word. Mary also embraces her friends here at Brookside by singing in the hallway, cheering up all those who may need it with her beautiful voice.



RESIDENT OF THE MONTH & OUR 'SONGBIRD,' MARY ZINN



BOB WEISER, OUR ST. PATTY'S DAY BIRTHDAY GUY



OUR RESIDENTS AS THEY EXPRESS 'FREEDOM'



JOAN ENJOYS A REFRESHING DRINK AT OUR SPRING HAPPY HOUR

April 2017 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>April 2017</i></p> <p>April is a promise that May is bound to keep</p>						
<p>World Autism Awareness 2 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Welcome April 2:00 Salem Baptist 3:30 Guess Who 6:30 Chit, Chat Opening of MLB</p>	<p>9:30 Morning Brew Crew 3 10:30 Morning Stretch 11:00 April In History 2:00 Bingo 2:15 Book Mobile 3:30 Pie Face Showdown 6:30 Riddles Find a Rainbow Day</p>	<p>9:30 Morning Brew Crew 4 10:30 Morning Stretch 11:00 A Day "Four" Having Fun 2:00 Music with Todd Horn 4:00 Joe Name It 6:30 Pokeno Ballroom Dancing Day</p>	<p>Let's Walk Day 5 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & a Movie 6:30 Comedy Night "Do Unto Others" Day</p>	<p>100th Anniversary of America Entering WWI 6 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Communion 11:15 Twinkie Race Cars 2:00 Sports Arena 4:00 Card Sharks 6:30 Pokeno</p>	<p>World Health Day 7 9:30 Morning Brew Crew 10:30 Chair Yoga with MJ 11:00 Healthy Living 2:00 Bling Bling Bingo 4pm Cranium Crunches 6:30 Bowling National Walk to Work</p>	<p>Happy April Fools 1 10:00 Morning Brew Crew 10:30 Jammin Church 2:00 Balloon Tennis 3:30 Fact or Foolery 6:30 Movie Trivia Laugh At Work Week Royal Air Force Anniversary All Fools' Day</p>
<p>Holy Week 9 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Music Trivia 2:00 Bible Fellowship 3:30 Cute as a Button Spring Flower 6:30 Old Games Garden Week Palm Sunday</p>	<p>Siblings Day 10 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Mannequin Challenge 2:00 Bingo 3:30 Elijah Cup Greeting Ornament 6:30 Painting Lilies First Day of Passover</p>	<p>Full Moon 11 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Food Committee 2:00 Celebrating Passover 3:00 Cryptic License Plates 6:30 Pokeno</p>	<p>Walk on the Wild Side Day 12 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & a Movie 6:30 Oddly Obvious</p>	<p>Day of Pink 13 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Communion 11:15 Facts on Thomas Jefferson 2:00 Casino Day 4:00 Hangman 6:30 Pokeno</p>	<p>9:30 Morning Brew Crew 14 10:30 Morning Stretch 11:00 Quick & Easy Hot Cross Buns 2:00 Bling Bling Bingo 3:30 Dying Easter Eggs 6:30 Coloring & How to Draw Bunnies Good Friday</p>	<p>10:00 Morning Brew Crew 15 10:30 Morning Stretch 11:00 Millionaire Trivia 2:00 Shabbat Services 2:30 Easter Egg Hunt 3:30 Chestnut Hill 7th Day Adventist 6:30 Easter Memories</p>
<p>Happy Easter 16 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 All About Easter 2:00 Hope Community 3:30 Easter History 6:30 Holiday Movie Rhyming Riddles Day Easter Sunday</p>	<p>Income Tax Pay Day 17 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Write a Haiku 2:00 Bingo 2:15 Book Mobile 3:30 Trivia 6:30 Charades</p>	<p>9:30 Morning Brew Crew 18 10:30 Morning Stretch 11:00 All about Babe Ruth 2:00 Therapy Through Music with Jimmy Wells 4:00 5- Second Rule 6:30 Pokeno No News Is Good Day</p>	<p>9:30 Morning Brew Crew 19 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & a Movie 6:30 Mystery Stories</p>	<p>National High Five Day 20 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Communion 11:15 What would you do? 2:00 Happy Hour Mixer 4:00 Wheel of Fortune 6:30 Pokeno</p>	<p>9:30 Morning Brew Crew 21 10:30 Morning Stretch 11:00 What's In the bag 2:00 Bling Bling Bingo 4:00 Residents' Choice 6:30 Notable Quotables Happy Birthday, Queen Elizabeth</p>	<p>10:00 Morning Brew Crew 22 10:30 Morning Stretch 11:00 Faith Fellowship 2:00 Chair Dancing 3:00 Sing-a-longs 6:30 Truth or Dare Jelly Bean Day Earth Day</p>
<p>National Volunteer Week 23 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Match Game 2:00 Bible Fellowship 3:30 Holy Humor Sunday 6:30 Tamara's Choice Movie Theater Day</p>	<p>Sun Day 24 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Our Closest Star 2:00 Bingo 3:30 A to Z Trivia 6:30 A Blast with Brandy</p>	<p>9:30 Morning Brew Crew 25 10:30 Morning Stretch 11:00 Resident Council 2:00 Birthday Party with Young At Heart 4:00 Bulletin Board Trivia 6:30 Pokeno</p>	<p>9:30 Morning Brew Crew 26 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & a Movie 6:30 Crambo Pretzel Day</p>	<p>Resident Trip 27 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Communion 11:15 Tell A Story 2:00 Fiddler on the Roof 4:00 Name That Tune 6:30 United Fellowship Volunteer Appreciation</p>	<p>9:30 Morning Brew Crew 28 10:30 Morning Stretch 11:00 Tree-mendous Trivia 2:00 Bling Bling Bingo 4:00 Tree Tunes 6:30 Pokeno Arbor Day</p>	<p>10:00 Morning Brew Crew 29 10:30 Morning Stretch 11:00 Test your Smell 2:00 Games People Play 3:30 Tie Dye Art with Wipes 6:30 Jeopardy World Wish Day Sense of Smell Day</p>
<p>10:00 Morning Brew Crew 30 10:30 Morning Stretch 11:00 Word Picture IDs 2:00 Bowling 3:30 "Two Truths and a Lie" 6:30 Laugh 'til You Cry Day</p>	<p>"A hotdog at the ball game beats roast beef at the Ritz." ~Humphrey Bogart</p> <p>"Sweet April showers do spring May flowers." ~Thomas Tusser</p>					

RESIDENTS

- Harry Hukill • 4/1
- Nancy Neilson • 4/5
- Inez Watkins • 4/6
- Claire Tumely • 4/8
- Mary Manfredonia • 4/10
- Maxine Holtzman • 4/22
(101 years old!)
- Mary Zinn • 4/ 24
- George Sanislo • 4/30

STAFF

- Karen Ball • 4/9
- Ramir Banks • 4/29
- Shereen Bell • 4/30
- Juanita M. Browner • 4/18
- Elaine Gayle • 4/28
- Ebony Hyman • 4/20
- Erica Johnson • 4/4
- Madeline Marcolina-Garg • 4/24
- Althea Martin • 4/7
- Carphetis A. Quinn • 4/6
- Milagros Seltzer • 4/30
- Tanya Spell • 4/11
- Ida L. Taylor • 4/3
- Danielle Watson • 4/17

BERRY AND PEACH SALAD



A diabetic-friendly recipe



Ingredients

- 3 fresh peaches, sliced or 3 cups
- 1/4 cup honey
- canned sliced peaches, drained
- 1/2 tsp. ground cardamom
- 2 1/2 pints blackberries
- 1 pint strawberries, hulled & sliced

Instructions

- Combine all ingredients in a large bowl.
- Cover and chill until ready to serve.
- Makes 4-6 servings

MIXED-UP EARTH DAY

Unscramble the letters to make words that are associated with St. Patrick's Day and/or Ireland.

1. SYTEMESCO _____
2. ALIMSAN _____
3. ATATBIH _____
4. PELEOP _____
5. UCDREE _____
6. REELVNOUT _____
7. FRNARTEOSI _____
8. OUNILPTOL _____
9. TAHRE _____
10. CSNEVERO _____
11. ERYECLC _____
12. ATNLPE _____
13. ETLCAMI _____
14. NNTENMOERIV _____
15. SOMCTOP _____
16. OICRANG _____
17. YNEGER _____
18. EACLN _____

