

# THE Laurel Square Ledger

January 2019, Volume III, Issue I

LAUREL SQUARE  
HEALTHCARE & REHABILITATION CENTER

A Member of NATIONWIDE  
HEALTHCARE SERVICES



## MEET OUR DEPARTMENT LEADERS

- **Steven Quindlen, NHA**  
*Administrator*
- **Ruth Frebowitz**  
*RNAC*
- **Jennifer Thompson-Moyer**  
*Director of Nursing*
- **Matthew Brenner**  
*Human Resources/  
Payroll*
- **Danielle Ali**  
*ADON*
- **Miguel Hernandez**  
*Dietary Manager*
- **Sara Jones**  
*Admissions Liaison*
- **John Warrington**  
*Maintenance Director*
- **Monica Ericksen**  
*Director of Social Service*
- **Marcella Evans**  
*Director of  
Housekeeping*
- **John Jones**  
*Director for Therapeutic  
Recreation*
- **Esther Amadi**  
*Medical Records*
- **Gloria Lighty**  
*Business Office Manager*
- **Autumn Cotter**  
*Director of Rehabilitation*

## Resident of the Month: MaryAnn Sullivan

Laurel Square is pleased to present our Resident of the Month, MaryAnn Sullivan. MaryAnn was born and raised in Philadelphia. She is one of 8 siblings. MaryAnn attended St. Ann's School on Leigh Avenue, and then she attended and graduated from Kensington High School. Mary loved to sew and was a member of a local sewing club. She also loves the beach, spending countless moments in Wildwood, N.J. Mary later found employment as a maintenance worker, where she later retired.

## From Our Administrator

It's the holiday season!!!

I would like to wish all residents, families, friends, and staff of Laurel Square a wonderful holiday season. No matter what holiday you celebrate, I hope you enjoy it with your loved ones and have a Happy New Year. Thank you for everyone's contribution to our community at Laurel Square Healthcare and Rehabilitation Center.

Starting on January 9, 2019, from 6 p.m. to 7 p.m., Laurel Square Healthcare will be holding a Family Council Meeting. This meeting will be held on the second Wednesday of each month from 6 p.m. to 7 p.m. The Family Council Meeting is open to all families and friends of our residents to voice any concerns or ideas to help improve Laurel Square. Monica Erickson, Social Services Director, and myself will be present for these meetings. Feel free to call ahead or just stop in to attend our Family Council Meetings.

Sincerely,

**Stephen Quindlen**

*Administrator, Laurel Square Healthcare & Rehabilitation Center*



ROCHELLE HOWARD WITH HER  
HANDMADE STOCKING



OUR STAFF MODEL FURS  
COURTESY OF ZINMAN FURS




CHERYL PASSES OUT HOLIDAY GIFTS FROM  
DELIVERANCE EVANGELISTIC CHURCH



HOWIE AND CHERYL SHOWING OFF  
THE RESIDENTS' TREE



# January 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>January 2019</b></p> <p>"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." - <i>Hal Borland</i></p>		<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 All About New Years-1,2 2:15 Holiday Tunes-1 2:15 New Year's Social-2</p> <p><b>Welcome to January Day</b> New Year's Day</p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 What's In The Bag?-1 11:00 Who Made Us Laugh?-2 2:15 It's A Science-1 2:15 BINGO-2</p> <p><b>Monarch Butterfly Migration Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Who Am I?-1,2 <b>11:00 Bible Study with Friends-2</b> 2:15 Sports Arena-1 2:15 Bingo-2 <b>6:00 Pastor Beard-2</b></p> <p><b>Western Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Short Story - Accidental Art-1 11:00 Can You Picture This?-2 2:15 Going Fishing-1 2:15 Drive-In Cinema-2</p> <p><b>Trivia Day</b></p>	<p>10:00 Juice Bar-1 11:00 Juice Bar-2 <b>2:00 Macedonia Free Will Baptist Church-2</b> 3:00 Eat, Wear, or Drive?-1</p> <p><b>Twelfth Night</b></p>
<p>10:00 Juice Bar-1 11:00 Juice Bar-2 <b>1:30 Oak Lane Presbyterian Church-1</b> <b>2:30 Philadelphia House of Refuge-2</b> 3:30 Pokeno-2 <b>Golden Globe Awards Night</b> <b>"Celebrate the Past" Week Begins</b></p> <p><b>6</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Who,What,Where?-1 11:00 Senior Skits-2 2:15 Cooking Demonstration-1 <b>2:15 Gardens of the Delaware Valley-2</b></p> <p><b>7</b></p> <p><b>Cookbook Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Current Events-1 11:00 Poetry Day-2 2:15 Wheelchair Races-1 2:15 Bingo-2 6:00 Golf Night-1</p> <p><b>8</b></p> <p><b>Poetry in the Workplace Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Static Electricity Experiment-1,2 2:15 Relaxing Moments-1 2:15 Casino Day-2</p> <p><b>9</b></p> <p><b>Static Electricity Day</b> <b>Wacky Winter Wardrobe Wednesday</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Favorite Quotes-1 <b>11:00 Bible Study with Friends-2</b> 2:15 Homemade Chocolate Candy-1 2:15 Bingo-2 <b>6:00 Ray of Hope-2</b> Bittersweet Chocolate Day Share a Quote Day</p> <p><b>10</b></p> <p><b>Are You Feeling Lucky? Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Making Your Own Scratch-Off -1,2 <b>11:00 Mass-2</b> <b>2:15 Birthday Bash-1</b> 2:15 Chit Chat Spot-2</p> <p><b>11</b></p> <p><b>S'mores Saturday Heavyweight Champ Day</b></p>	
<p>10:00 Juice Bar-1 11:00 Juice Bar-2 <b>2:30 Evangelist Betty Williams-1</b> <b>2:30 Faith Fellowship-2</b> 3:30 Don't Burst My Bubble!-1</p> <p><b>13</b></p> <p><b>Ring, Ring Day</b> <b>First Frisbee Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Ring Toss-1 11:00 Storytelling-2 2:15 Forever Calendar-1 2:15 Manicure Monday-2</p> <p><b>14</b></p> <p><b>Secret Pen Pal Day</b> <b>Circle a Story Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Trivia Connection-1 <b>11:00 Food Committee-2</b> 2:15 Spa Day-1 2:15 Bingo-2 6:00 <b>Makar Sankranti</b> (Hindu Harvest Fest)</p> <p><b>15</b></p> <p><b>Makar Sankranti</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Cranium Crunches-1 11:00 Charades-2 2:15 Motown Review-1 <b>2:15 Hit Squad-2</b></p> <p><b>16</b></p> <p><b>Just Popping in Day</b> <b>Sing As Loud As You Can Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 All About Muhammad Ali-1 <b>11:00 Bible Study with Friends-2</b> 2:15 Snowflake Day-1 2:15 Bingo-2 6:00 Fun with Cheryl-2 Happy Birthday, James Earl Jones Muhammad Ali's Birthday Snowflake Day</p> <p><b>17</b></p> <p><b>Paris Peace Conference Begins</b> <b>Hawaiian Islands Discovery Day</b></p>	<p>10:00 Juice Bar-1,2 11:00 Juice Bar-2 <b>11:00 St. James Holy Church-2</b> 2:00 Delectable Treats-1 3:00 Craft Zone-2</p> <p><b>19</b></p> <p><b>Surprise Saturday</b> <b>Cezanne Day</b></p>	
<p>10:00 Juice Bar-1 11:00 Juice Bar-2 <b>11:00 Master Builders Church-2</b> <b>2:30 True Light Church-1</b> <b>2:30 Salem Baptist Church-2</b> 3:30 UNO-2 Activity Professionals Week Begins Tu B'Shevat Begins at Sunset</p> <p><b>20</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Martin Luther King Celebration-1,2 <b>2:15 Jimmy Wells-1</b> 2:15 Relaxing Moments-2</p> <p><b>21</b></p> <p><b>Wintertime Memories Day</b> Martin Luther King Day Tu B'Shevat</p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 I Spy-1 11:00 Vanity Plates-2 2:15 Craft Spot-1 2:15 Frost Bingo-2 6:00 Pokeno-2</p> <p><b>22</b></p> <p><b>Tone it Up Tuesday</b> <b>Toasty Warm Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Tennis Time-1 11:00 Current Events-2 2:15 The Vegas Strip-1 2:15 Casino Day-2</p> <p><b>23</b></p> <p><b>Pick up a Hobby Day</b> <b>National Pie Day</b> <b>Anniversary of the 20th Amendment</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Humor Moments-1 <b>11:00 Bible Study with Friends-2</b> 2:15 Sports Day-1 2:15 Bingo-2 6:00 Wii Fun-2</p> <p><b>24</b></p> <p><b>Compliment Day</b> <b>Belly Laugh Day</b></p>	<p>10:00 Juice Bar-1 11:00 Juice Bar-2 2:00 Journey to India-2 <b>3:00 Legacy Church-1</b></p> <p><b>26</b></p> <p><b>India Republic Day</b> <b>Green and Healthy Day</b> <b>Gasparilla Extravaganza and Pirate Fest</b></p>	
<p>10:00 Juice Bar-1 11:00 Juice Bar-2 2:15 Game Day-1 <b>2:00 Enon Church-2</b> 3:00 Jam Jar Soil Experiment-1</p> <p><b>27</b></p> <p><b>Happy Birthday, Terramycin</b> <b>Pro Bowl</b> <b>Strange Socks Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Marshmallow Flowers-1,2 2:15 Jack Pollock Art-1 2:15 Bird Bath Creation-2 <b>Birdbath Day</b> <b>Paint a Pollock Day</b> <b>Eiffel Tower Day</b> <b>Marshmallow Monday</b> Australia Day (observed)</p> <p><b>28</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Tea &amp; Trivia-1 11:00 Happy Birthday Oprah-2 2:15 Spa Day-1 2:15 Bingo-2 6:00 Puzzle Craft-2</p> <p><b>29</b></p> <p><b>Happy Birthday, Oprah</b> <b>Tea and Trivia Tuesday</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 Dice and Strikes-1 <b>11:00 Resident Council-2</b> <b>2:15 Young At Heart-1</b> 2:15 A Moment In Time-2</p> <p><b>30</b></p> <p><b>National Escape Day</b> <b>Spare Day</b></p>	<p>10:00 Juice Bar-1,2 10:30 Body Rhythms-1,2 11:00 All About Jackie Robinson-1 <b>11:00 Bible Study with Friends-2</b> 2:15 Afternoon Cinema-1 2:15 Bingo-2 <b>Backward Day</b> <b>Jackie Robinson Day</b> <b>Resident Trip</b></p> <p><b>31</b></p>	<p><b>*Activities Are Subject To Change*</b></p>	

Laurel Square Healthcare and Rehabilitation Center

**RESIDENT BIRTHDAYS**

- Alvin Hays • 1/1
- Janet Mathis • 1/5
- Mary McGill • 1/8
- Mattie Hill • 1/13
- Gloria Harper-Robinson • 1/13
- Mary Wiley • 1/20
- Henry Jackson • 1/21
- Iris Sheppard • 1/22
- Allen Burrus • 1/29

**STAFF BIRTHDAYS**

- Sharon Goolsby • 1/1
- Sheeba Cheriyan • 1/6
- Ebonnie Skyes • 1/16
- Veronica Johnson • 1/16
- Ryshod Wilkins • 1/21
- Marcia Davis • 1/24
- Kristine Tui • 1/29
- Charite Decimus • 1/30



**Sharon Goolsby**

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



- AQUARIUS
- AUSTRALIA DAY
- CALENDAR
- CAPRICORN
- CARNATION
- COLD
- FIRST
- GARNET
- GOAT
- JANUARY
- MARTIN L. KING
- NEW YEAR'S DAY
- WATER BEARER
- WINTER



**SPANISH WORD SEARCH**

**Te Para Dos**

Las palabras que aparecen en el listado de abajo pueden encontrarse vertical, horizontal, diagonalmente, ya sea hacia delante o hacia atrás. Ignore los espacios entre palabras.



- CANELA • CHAI • DIENTE DE LEÓN • EARL GRAY • ESPECIA
- INFUSIÓN • JAMAICA • JENGIBRE • LIMÓN • MANZANILLA
- MELOCOTÓN • MENTA • NARANJA • NEGRO • OOLONG
- REMOJAR • TETERA • VERDE