

THE Regency Review

January 2019, Volume III, Issue I

Regency
HEALTHCARE &
REHABILITATION CENTER

A Member of **NATIONWIDE
HEALTHCARE SERVICES**



MEET OUR DEPARTMENT LEADERS

- **Tina Larose**
Administrator
- **Nedre Dorazio**
Business Office
- **Jennifer Curlett**
Director of Nursing
- **Nick Capasso**
Human Resources
- **Sa'Meerah Gitonga**
Assistant Director of Nursing
- **Amyr Muhammad**
Dietary Manager
- **Cheryl Bernard**
Admissions & Community Relations Director
- **Rob Taylor**
Maintenance Director
- **Joshua Ganzelli**
Housekeeping Manager
- **Margaret Arlt**
Activities Director
- **Stephanie Lambert**
Social Services Director

From Our Administrator

HAPPY NEW YEAR!

Let the New Year treat you cheerfully and mark new beginnings with a new you to treasure these new moments with your family and friends. Have a great New Year from all of us at Regency Healthcare.

Happy 2019!

Tina Larose
Administrator, Regency Healthcare & Rehabilitation Center

Resident of the Month: Elizabeth Dougherty

Elizabeth Dougherty was born August 20, 1954. She was one of 7 children born to Elizabeth Ford or 'Hannah' and Francis James Dougherty, Sr. They lived in Bellefonte, DE, which is part of North Wilmington. Elizabeth has 5 sisters and 1 brother. As a child, she spent her week living with her parents, but on the weekend enjoyed Mrs. McKee's house; she had a nice porch on the house and together they would play cards and eat subs. Elizabeth had a couple of nicknames in her life; Betty Ann and Lizzy but she prefers Elizabeth now. Elizabeth first attended the celebrated John G Leach School because of her disability, but then went on to attend Egdemoor Elementary and River Road Elementary, then Mt. Pleasant Junior and Senior High Schools. She remembers her German Shepard 'Maxie Raymore, the 3rd' because of his pointed ears. After graduating High School, she volunteered or was a Candy Striper at Wilmington Hospital for 28 years. As a volunteer, she helped in Admissions, the Lab, Pediatrics, and the Mailroom. She never was able to drive but got from her home to her Volunteer Job by bus or walking! She remembers that her family vacationed in Milford, DE where they often went crabbing and fishing. She enjoyed bowling a few years ago especially 'Strike the Gold', getting all the pins down! She would also play tennis against the wall at St. Helena's and the Nuns would come out and play with her too! Her favorite T.V. show is M*A*S*H, she finds all the characters quite funny. She says she would love to learn to read better, and when she needs help she calls on her friend Sister Eleanor, whom she loves to write letters to. The one thing she would like people to do is "Volunteer to help others; specifically come to places like Regency and take people out to Church". While here at Regency Healthcare, Elizabeth has enjoyed Friday Happy Hours, participating in an activity-sponsored outing, and coming to the Dining Room, daily, to have a 'cup of tea' and talk to others.



VISITING SHADY MAPLE
FOR LUNCH



FAITHFUL FRIENDS PET VISIT
WITH BILL STEWART






































FAITHFUL FRIENDS PET VISIT
WITH BEULAH DAVIS



THIRD FLOOR
CHRISTMAS TREE



A bird doesn't sing because it has an answer, it sings because it has a song – Maya Angelou

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Regency Healthcare and Rehabilitation Center 801 N. Broom St. Wilmington DE 19806 302-654-8400</p> 	<p>Where it's happening: Daily 9:45 Meet & Greet-ALL 2 - 2nd Floor 3 - 3rd Floor D - Dining Room P - Patio</p> 	<p>1 Mummer's Parade 10:00 Morning Fitness Fun/ Games & Trivia-2/3 10:30 Table Bowling-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D</p> 	<p>2 Nat'l Motivation Day 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 1:1/Room Visits-ALL 10:30 Piano Play-D 2:30 Arts & Crafts-D 2:30 Trivia Time-3</p> 	<p>3 Chocolate Cherry Day Trip - Country Ride 10:00 Circle of Friends-2/3 10:30 Word Games/Trivia-3 2:30 Channel 8 Classic Movie 2:30 Room Visit-ALL 2:30 Pokeno-D</p> 	<p>4 Trivia Day 10:30 Juice Bar-ALL 10:30 Men's Club-D 11:00 Independent Games-D 2:30 Happy Hour with Bobby Jones-D</p> 	<p>5 Fruitcake Toss Day 10:00 Morning Bingo-D 2:30 Alpha Baptist Church-D MOD – CHERYL</p> 
<p>6 Three Kings Day 10:30 Coffee Social-D 2:30 Christian Sing-a-long with Mrs. Dorsey's-D MOD – CHERYL</p> 	<p>7 Blue Monday 10:00 Snack & Chat-ALL 11:00 Table/Wii Games-D 2:30 Cookie Sale-D 3:00 Bible Study-D</p> 	<p>8 National Joy Germ Day 10:00 Morning Fitness Fun/ Games & Trivia-2/3 10:30 Table Bowling-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D 6:00 Bonnie's Book Cart-ALL</p> 	<p>9 Law Enforcement Appreciation 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 1:1/Room Visits-ALL 10:30 Piano Play-D 2:30 Arts & Crafts-D 2:30 Trivia Time-3</p> 	<p>10 League of Nations Day Trip - DE Park 10:00 Circle of Friends-2/3 10:30 Word Games/Trivia-3 2:30 Channel 8 Classic Movie 2:30 Room Visit-ALL 2:30 Pokeno-D</p> 	<p>11 National Milk Day 10:30 Juice Bar-ALL 10:30 Veteran's Club-D 11:00 Regency Store-D 2:30 Happy Hour with Todd Horn-D</p> 	<p>12 National Hot Tea Day 10:30 Bible Study with Pastor Gail-D 2:30 Relaxation with Bonnie-D MOD – DO</p> 
<p>13 Make Your Dream Come True Day 10:30 Coffee Social-D 2:30 Holy Commandments of God Service-D MOD – DO</p> 	<p>14 Dress Your Pet Day 10:00 Snack & Chat-ALL 11:00 Table/Wii Games-D 2:30 Cookie Sale-D 3:00 Bible Study-D 6:45 Greater Wilmington String Band-D</p> 	<p>15 Humanitarian Day 10:00 Morning Fitness Fun/ Games & Trivia-2/3 10:30 Table Bowling-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D</p> 	<p>16 Civil Service Day 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 1:1/Room Visits-ALL 10:30 Piano Play-D 2:30 Arts & Crafts-D 2:30 Trivia Time-3</p> 	<p>17 Popeye Day Trip - Friendly's 10:00 Circle of Friends-2/3 10:30 Word Games/Trivia-3 2:30 Channel 8 Classic Movie 2:30 Room Visit-ALL 2:30 Pokeno-D</p> 	<p>18 Thesaurus Day 10:30 Juice Bar-ALL 10:30 Men's Club-D 2:30 Happy Hour with Nick Canzanese-D</p> 	<p>19 World Snow Day 10:30 Christian Growth Ministries-D 2:30 Afternoon Bingo-D MOD – TINA</p> 
<p>20 Celebration of Life Day 10:30 Coffee Social-D 2:30 Big Screen Movie-D MOD – TINA</p> 	<p>21 Martin Luther King Day 10:00 Snack & Chat-ALL 11:00 Table/Wii Games-D 2:00 Cookie Sale-D 3:00 Read aloud Bible-D</p> 	<p>22 Answer Your Cat's Questions Day 10:00 Morning Fitness Fun/ Games & Trivia-2/3 10:30 Table Bowling-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D</p> 	<p>23 Handwriting Day 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 1:1/Room Visits-ALL 10:30 Piano Play-D 2:30 Arts & Crafts-D 6:30 Fun with Jonel-D</p> 	<p>24 Nat'l Peanut Butter Day Trip - Walmart 10:00 Circle of Friends-2/3 10:30 Word Games/Trivia-3 2:30 Channel 8 Classic Movie 2:30 Room Visit-ALL 2:30 Pokeno-D</p> 	<p>25 Opposite Day 10:00 Juice Bar-All 11:00 Veteran's Club-D 2:30 Happy Hour with Fulvio Ranni-D</p> 	<p>26 Fun at Work Day 10:30 Morning Bingo-D 2:30 New Release Movie Social-D MOD – AMYN</p> 
<p>27 Nat'l Geographic Day 10:30 Great Faith Christian Fellowship-D 2:30 Relaxation Time-D MOD – AMYN</p> 	<p>28 Grammy Awards 10:00 Snack & Chat-ALL 11:00 Table/Wii Games-D 2:00 Cookie Sale-D 3:00 Read aloud Bible-D</p> 	<p>29 Freethinkers Day 10:00 Morning Fitness Fun/ Games & Trivia-2/3 10:30 Table Bowling-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D</p> 	<p>30 Croissant Day 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 1:1/Room Visits-ALL 10:30 Piano Play-D 2:30 Birthday Party with Doo Wop Debbie-D</p> 	<p>31 Inspire Your Heart w/Art Trip - Movies 10:30 Food Committee-D 11:00 Resident Council-D 2:30 Channel 8 Classic Movie 2:30 Room Visit-ALL 2:30 Pokeno-D</p> 	<p>ACTIVITIES ARE SUBJECT TO CHANGE AND UPDATED DAILY ON MEET & GREET</p>  	

RESIDENTS

- Bernice Hampton • 1/13
- Ashrafuddi Sikandar • 1/18
- Marvin Williams • 1/18
- Charlotte Johnson • 1/26
- John Thomas III • 1/30

STAFF

- Patrick Murima • 1/1
- Rebecca Johnson • 1/1
- Wanita Oberton • 1/2
- Jesse Morgado • 1/2
- Esther Njuguna • 1/5
- Kokoe Alemdjrodo • 1/12
- Katina Bailey • 1/12
- Tamika Davis • 1/14
- Cyrus Mbatha • 1/19
- Zyaire Boyer-Tolbert • 1/20
- Detra McKenzie • 1/21
- Rosetta Chandler • 1/24
- Sharon Stanton • 1/25
- Masie Young • 1/25
- Dominique Turner • 1/29

Celebrating January 4th – National Trivia Day!

Here are some fun facts to impress your neighbors:

- Sea otters hold hands when they sleep so they don't drift apart.
- Between 1900 and 1920, Tug of War was an Olympic event.
- The word "unfriend" appeared in print all the way back in 1659.
- Google was originally named BackRub.
- Elmo is the only non-human to testify before Congress.
- Brazil couldn't afford to send its athletes to the 1932 Olympics in Los Angeles, so they loaded their ship with coffee and sold it along the way.
- The most shoplifted food item in the U.S. is candy. In Europe, it's cheese.
- The Pledge of Allegiance was written as part of a plan to sell flags to schools.
- Alaska is so big you could fit 75 New Jerseys in it.

PUZZLE TIME

WINTER FUN!

Unscramble the words!

- Deebemcr _____
- rneedeir _____
- sbwloanl _____
- wenitr _____
- ftsryo _____
- ccoao _____
- biazlrzd _____
- tmietsn _____
- lkneatb _____
- yclihl _____



Heather Moser Physical Therapy



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