Regency HEALTHCARE & REHABILITATION CENTER
A Member of NATIONWIDE HEALTHCARE SERVICES

THE Regency Review

RATED 5 STARS by the Centers for Medicare & Medicaid Services (CMS)
U.S. NEWS & WORLD REPORT BEST NURSING HOMES

May 2019 • Volume 3 • Issue 5

A Note From Our Administrator

"May the sun bring you new energy by day,
May the moon softly restore you by night,
May the rain wash away your worries,
May the breeze blow new strength into your being,
May you walk gently through the world and
know its beauty all the days of your life."
~ Apache Blessing

Our Department Leaders

- **Gladys Christopher** Administrator
- **Jennifer Curlett** Director of Nursing
- **Sa'Meerah Gitonga** Assistant Director of Nursing
- **Cheryl Bernard** Admissions & Community Relations Director
- **Nedre Dorazio** Business Office
- **Margaret Arlt** Activities Director
- **Sonja Bowman** Staff Coordinator/Central Supply
- **Dave Lapera** Director of Therapy Services
- **Senta Warren** Social Services
- **Tyrone Wimes** Dietary Manager
- **Samantha Beaino** Dietitian
- **Rob Taylor** Maintenance Director
- **Phil Vaughan** Housekeeping Manager

Gladys Christopher

Administrator, Regency Healthcare & Rehabilitation Center

Senta Warren, our new Social Services Director!!

Spring Flower project with Mrs. King, trying to bring a breath of warmth to building

Spring Flower project with Mrs. Davis

Sa'Meerah rocking her St. Patrick's Green; she has the best outfits for every occasion!!

Regency HEALTHCARE & REHABILITATION CENTER

A Member of **NATIONWIDE HEALTHCARE SERVICES**

Resident Birthdays

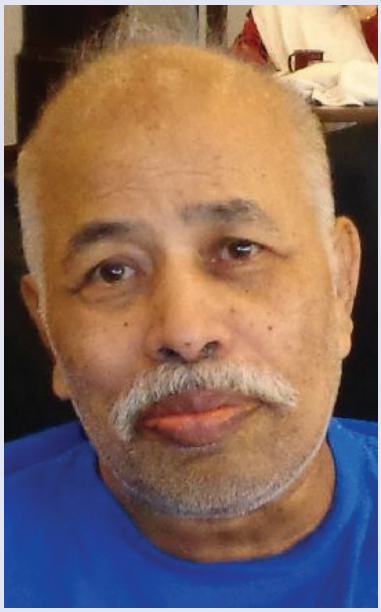
Arson Gibbs • 5/5
Phyllis Haines • 5/6
Mamie Eubanks-Bungy • 5/6
Joanne Banner • 5/10
Judith Thurau • 5/17
Judith Jubo • 5/19
Judy Laxton • 5/21
Carlos Cabrera • 5/23

Staff Birthdays

Anitra Clemons • 5/1
Nedre Dorazio • 5/3
Kadaesha Johnson • 5/4
Arnulfo Davidson • 5/5
Elishea Swain • 5/8
Tyna Coston • 5/10
Robert Taylor • 5/14
Sharmaine Hill • 5/16
Helen Koge • 5/16
Nakisha Cole • 5/17
Rose Comegys • 5/26
Babbie Fairley • 5/26
Barbara Martin • 5/26
Monique Trent • 5/31

May 2019 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Regency Healthcare and Rehabilitation Center 801 N. Broom St. Wilmington DE 19806 302-654-8400	**ACTIVITIES ARE SUBJECT TO CHANGE AND UP-DATED DAILY ON MEET & GREET**	Where it's happening: **Daily** 9:45 Meet & Greet-ALL Independent Games/Cards-D 2 - 2nd Floor 3 - 3rd Floor D - Dining Room P - Patio	**1 Hug Your Cat Day** 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 Piano Play-D 11:00 Card Club-D 2:30 Arts and Crafts-D 2:30 Trivia Time-3 DJ Styles-D	**2 World Tuna Day** **Trip - Dollar Tree** 10:00 Circle of Friends-2 10:30 Room Visit-ALL 2:30 Channel 8 Classic Movie 2:30 Pokeno-D	**3 Tuba Day** 10:30 Juice Bar-ALL 10:30 Poker Club-D 2:30 Happy Hour w/ Nick Canzanese-D	**4 Kentucky Derby** 10:00 Morning Bingo-D 2:30 Alpha Baptist Church-D **MOD - JEN**
5 Cinco de Mayo 12:00 Mother's Day Lunch-D 2:30 Christian Sing-a-long with Mrs. Dorsey's -D **MOD - JEN**	**6 Nat'l RN Recognition Day** 10:00 Snack & Chat-ALL 11:00 Table/Wii games-D 2:30 Cookie Sale-D 3:00 Read aloud Bible D	**7 National Teacher Day** 10:00 Morning Fitness Fun/Games & Trivia-2/3 2:30 Sitting Pretty -ALL 2:30 Bingo-D	**8 3rd Shift Workers Day** 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 Piano Play-D 11:00 Card Club-D 2:30 Arts and Crafts-D 2:30 Trivia Time-3	**9 National Sleepover Day** **Trip - Delaware Park** 10:00 Circle of Friends-2 10:30 Room Visit-ALL 2:30 Channel 8 Classic Movie 2:30 Pokeno-D	**10 Provider Appreciation Day** 10:30 Juice Bar-ALL 10:30 Poker Club-D 11:00 Regency Store-D 2:30 Happy Hour w/Greg Albert-D	**11 Eat What You Want Day** 10:30 Bible Study with Pastor Gail-D 2:30 Relaxation with Bonnie-D **MOD - PHIL**
12 Mother's Day 10:30 Coffee Social-D 2:30 Holy Commandments of God Service -D **MOD - PHIL**	**13 Frog Jumping Day** 10:00 Snack & Chat-ALL 11:00 Table/Wii games-D 2:30 Ice Cream Social-D 3:00 Bible Study -D	**14 Underground America Day** 10:00 Garden Club-D 2:30 Sitting Pretty-ALL 2:30 $1 Bingo-D 6:00 Bonnie Book Cart-ALL	**15 Straw Hat Day** 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 11:00 Card Club-D 2:30 Trivia Time-3 6:00 Regency Night Fever-D	**16 Internat'l Day of Light** 10:00 Circle of Friends-2 10:30 Room Visit-ALL 2:30 Channel 8 Classic Movie 2:30 $1 Pokeno-D	**17 World Hypertension Day** 10:30 Juice Bar-ALL 10:30 Poker Club-D 1:30 Grand Finale BBQ with Dean Garofolo-D	**18 Visit Your Relatives Day** 10:30 Christian Growth Ministries -D 2:30 Afternoon Bingo-D **MOD - NEDRE**
PLEASE HELP REGENCY HEALTHCARE AND REHABILITATION CENTER CELEBRATE NATIONWIDE WEEK HONORING OUR EMPLOYEES MAY 12 - 18						
	2:30 ICE CREAM DAY WAFFLE BOWL-D	10:30 PLANT-A-FLOWER MORNING-D	6:00 'REGENCY NIGHT FEVER'-D	10:30 CANVAS ART CLASS 'Hands of Time'-D	1:30 GRAND FINALE BBQ	
19 May Ray Day 10:30 Coffee Social -D 2:30 AKA Spiritual Time-D **MOD - NEDRE**	**20 National Rescue Dog Day** 10:00 Snack & Chat-ALL 11:00 Table/Wii games-D 2:30 Cookie Sale -D 3:00 Read Aloud Bible -D	**21 National Wait Staff Day** 10:00 Morning Fitness Fun/Games & Trivia-2/3 2:30 Sitting Pretty-ALL 2:30 Bingo-D	**22 Brain Injury Awareness** 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 Piano Play-D 11:00 Card Club-D 2:30 Clem Bowen, Storyteller-D	**23 Eat More Fruits & Vegetables Day** **Trip - Walmart** 10:00 Circle of Friends-2 10:30 Room Visit-ALL 2:30 Channel 8 Classic Movie 2:30 Pokeno-D	**24 National Polka Day** 10:00 Juice Bar-All 11:00 Poker Club-D 2:30 Happy Hour with Frank DeCristo-D	**25 National Wine Day** 10:30 Morning Bingo-D 2:30 New Release Movie Social-D Faithful Friend Pet Therapy Visits in Afternoon **MOD - MARGARET**
26 Neighbor Day 10:30 Great Faith Christian Fellowship-D 2:30 Relaxation Time-D **MOD - MARGARET**	**27 Memorial Day** 10:00 Snack & Chat-ALL 11:00 Table/Wii Games-D 2:30 Cookie Sale-D 3:00 Read aloud Bible-D	**28 Sierra Club Day** 11:00 to 2:00 Elder Wear Sale-D 2:30 Sitting Pretty-ALL 2:30 Bingo-D	**29 Put A Pillow On Your Fridge Day** 10:00 Snack & Chat-ALL 10:15 Rosary Visits-ALL 10:30 Piano Play-D 11:00 Card Club-D 2:30 Monthly Birthday Celebration with Todd Horn-D	**30 Save Your Hearing Day** **Trip - Country Ride** 10:30 Food Committee-D 11:00 Resident Council-D 2:30 Channel 8 Classic Movie 2:30 Room Visit- ALL 2:30 Pokeno-D	**31 World No-Tobacco Day** 10:00 Juice Bar-All 11:00 Poker Club-D 2:30 Happy Hour with Fulvio Ranni-D	NATIONWIDE HEALTHCARE SERVICES Regency healthcare and rehabilitation center



Resident of the Month: Ashrafuddin Sikandar

Ashrafuddin Sikandar was born on January 18, 1947, in Comilla, a small village in Bangladesh. As a young boy, he enjoyed all sports but his favorite was 'Football', better known as Soccer in America. He attended Bangladesh University of Engineering and Technology and became a civil engineer. This was a very good school with a fine reputation. He graduated top in his math class and was among the top at the University, too! He served in the Bangladesh Army for 19 years, retiring as a Major. He is very proud of his family and of his son, who is a teacher of engineering.

Mr. Sikandar is proud of his family and siblings; he has 18 brothers and sisters. His family lives here in Delaware but they have relatives up and down the East Coast. He also tells me he and his wife are "All the time" on a honeymoon; it is so nice to love someone that much!!

Here at Regency, Mr. Sikandar enjoys Friday Happy Hour Music and the meals brought in by his family when they visit.

Mother's Day
WORD SEARCH

N	D	L	I	M	J	Y	D	N	A	C
M	E	O	A	O	M	V	N	C	Z	E
J	M	V	X	T	R	E	W	U	S	G
V	O	E	C	H	I	L	D	R	E	N
Y	H	A	F	E	K	E	S	R	L	U
D	X	Y	L	R	G	S	Q	T	I	R
B	V	A	O	S	G	E	V	U	M	O
F	R	M	W	D	Z	S	P	H	S	A
Q	W	W	E	A	Q	S	I	U	T	Q
S	F	R	R	Y	B	I	S	G	T	G
O	S	A	S	C	X	K	U	S	D	B

CANDY
CHILDREN
FLOWERS
HOME
HUGS

KISSES
LOVE
MAY
MOTHERS DAY
SMILES

May Fun Facts:

DID YOU KNOW??

How Mother's Day came to be...?? Anna Jarvis (the creator of Mother's Day) decided that she wanted to honor her mother by honoring ALL mothers on the second Sunday in May. By being close to Memorial Day, people would remember the sacrifices mothers made for their families, just like people remembered the sacrifices of sons for their country. May 1908 was the very first Mother's Day observance.

It is the 4th largest card-buying holiday in the United States.

'M' is for the million things she gave me
'O' means only that she's growing old
'T' is for the tears she shed to save me
'H' is for her heart of purest gold
'E' is for her eyes with love-light shining
'R' means right and right she'll always be

Put them all together, they spell "MOTHER"

A word that means the world to me

Why not do an Internet search to find out more...