Regency HEALTHCARE & REHABILITATION CENTER
A Member of NATIONWIDE HEALTHCARE SERVICES

# THE Regency Review

U.S. NEWS & WORLD REPORT BEST NURSING HOMES

March 2020 • Volume 4 • Issue 3

## A Note From Our Administrator

**Gladys Christopher**
*Administrator, Regency Healthcare & Rehabilitation Center*

## Our Department Leaders

- **Gladys Christopher** Administrator
- **Sa'Meerah Gitonga** Director of Nursing
- **Curtissa Mack** Assistant Director of Nursing
- **Nicole Olinchak** Human Resources
- **Nedre Dorazio** Admissions Director
- **Bianca McFadden** Business Office Manager
- **Margaret Arlt** Activities Director
- **Lamar Dennis** Central Supply
- **Brenda Denby** Director of Therapy Services
- **Senta Warren** Social Services
- **Arron Johnson** Dietary Manager
- **Nicole Bianco** Dietitian
- **Andrew Zetts** Maintenance Director
- **Milton Parnell** Housekeeping Manager

Maxine Jackson enjoying a Friday Happy Hour

Anchor Williams and Jessie Walker – 'pals' for life

Jonel M., Joann Taylor and Blanche Boyer making yarn wreaths

Herbert Walker busy with a Valentine wood project

Regency
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# March 202

## Resident Birthdays

Durrell Field • 3/4
Linda Day • 3/6
Barbara Roane • 3/13
Reginals Hayward • 3/21
Aniela Szramiak • 3/22
Constance Gray • 3/23
Gloria Thompson • 3/26

## Staff Birthdays

Latrice Warren-Williams • 3/1
Vernell Fisher • 3/3
Dianne Hoard • 3/3
James Muitherero • 3/9
Troya Perry • 3/9
Bryshai Rose • 3/18
Cherie Simmons • 3/19
Carmen Colon • 3/22
Nakema Madison • 3/29

| Sun | Mon | Tue |
|---|---|---|
| **1 Peace Corps Day**<br>10:30 Bingo -D<br>2:30 Card/Table Game -D | **2 Casimir Pulaski Day**<br>10:00 Ch.8 Animal Videos<br>10:00 Snack & Chat -ALL<br>10:30 Shufflebag Toss -D<br>3:00 Bible Study -D | **3 I Want You To Be H Day**<br>10:30 Stimulating the Sens<br>10:30 Poetry -3<br>2:30 Sitting Pretty -ALL<br>2:30 Bingo -D |
| **8 Daylight Saving Time Begins**<br>10:30 Sensory Group -D<br>2:30 Arts and Crafts -D<br>CLOCKS AHEAD ONE HOUR | **9 Purim**<br>10:00 Ch.8 Oldies<br>10:00 Snack & Chat -ALL<br>11:00 Table Bowling -D<br>3:00 Read aloud Bible -D | **10 Salvation Army Day**<br>10:30 Stimulating the Se<br>10:30 Book Cart -3<br>2:30 Sitting Pretty -ALL<br>2:30 Bingo -D |
| **15 Ides of March**<br>10:30 Coffee Social -D<br>2:30 Bible Study with Mr. Taylor -D | **16 Panda Day**<br>10:00 Ch.8 Video Funnies<br>10:00 Snack & Chat -ALL<br>10:30 Table Bag Toss -D<br>3:00 Bible Study -D | **17 St. Patrick's Day**<br>10:30 Poetry -3<br>10:30 Pot of Gold Bingo<br>2:30 St. Patrick's Day Celebration With Todd Horn -D |
| **22 Goof-off Day**<br>10:30 Sensory Group -2<br>2:30 Jonel's Movie Pick -D | **23 OK Day**<br>10:00 Ch.8 Video Quizzes<br>10:00 Snack & Chat -ALL<br>11:00 Pizza Toss -D<br>3:00 Read aloud Bible -D | **24 National Tree Planti**<br>10:30 Funny Stories/Jok<br>10:30 Book Cart -3<br>2:30 Sitting Pretty -ALL<br>2:30 Bingo -D<br>- |
| **29 Vietnam Veterans Day**<br>10:30 Treats on the Floors -2<br>2:30 Afternoon Praise & Music -D | **30 Pencil Day**<br>10:00 Ch.8 Video Quizzes<br>10:00 Snack & Chat -ALL<br>11:00 Pizza Toss -D<br>3:00 Read aloud Bible -D | **31 National Crayon D**<br>10:30 Stimulating the Se<br>10:30 Poetry -3<br>2:30 Sitting Pretty -ALL<br>2:30 Bingo -D |

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# 020 Activity Calendar

| | Wed | Thu | Fri | Sat |
|---|---|---|---|---|
| **Be Happy**<br>e Senses -D<br>ALL | **4 Do Something Day**<br>10:00 Snack & Chat -ALL<br>10:15 Rosary Visits -ALL<br>10:30 Piano Play -D<br>2:30 Pokeno -D<br>2:30 Room Visits -ALL | **5 World Book Day**<br>**Trip - Downs Cultural Center**<br>10:30 15-Minute Fitness Fun -3<br>2:30 Channel 8 Classic Movie<br>2:30 Arts and Crafts -D<br>2:30 Trivia Time -3 | **6 Middle Name Pride Day**<br>10:30 Juice Bar -ALL<br>10:30 Uno and Card Club -D<br>2:30 Happy Hour with<br>Paul Colombo -D | **7 Genealogy Day**<br>10:30 Morning Bingo -D<br>2:30 Alpha Baptist Church -D |
| **Day**<br>he Senses -D<br>ALL | **11 Registered Dietitian Day**<br>10:00 Snack & Chat -ALL<br>10:15 Rosary Visits -ALL<br>10:30 Piano Play -D<br>2:30 Pokeno -D<br>2:30 Room Visits -ALL | **12 Girl Scout Birthday Day**<br>**Trip - Dollar Store**<br>10:30 15-Minute Fitness Fun -3<br>2:30 Channel 8 Classic Movie<br>2:30 Arts and Crafts -D<br>2:30 Trivia Time -3 | **13 K-9 Veterans Day**<br>10:30 Juice Bar -ALL<br>10:30 Regency Store -D<br>2:30 Happy Hour with<br>Bobby Jones -D | **14 Ask A Question Day**<br>10:30 Bible Study with<br>Pastor Gail -D<br>2:30 Relaxation<br>with Bonnie -D |
| **y**<br>Bingo -D<br>ay<br>rn -D | **18 Awkward Moments Day**<br>10:00 Snack & Chat -ALL<br>10:15 Rosary Visits -ALL<br>10:30 Piano Play -D<br>2:30 Pokeno -D<br>2:30 Room Visits -ALL | **19 Spring (Vernal Equinox)**<br>**Trip - Country Ride**<br>10:30 Jokes & Laughter Hour -2<br>10:30 15-Minute Fitness Fun -3<br>2:30 Channel 8 Classic Movie<br>2:30 Arts and Crafts -D<br>2:30 Trivia Time -3 | **20 Won't You Be My Neighbor Day**<br>10:30 Juice Bar -ALL<br>10:30 Uno and Card Club -D<br>2:30 Happy Hour with<br>Meeta Parker -D | **21 Twitter Day**<br>10:30 Christian Growth<br>Ministries -D<br>2:30 Afternoon Bingo -D |
| **Planting Day**<br>s/Jokes -2<br>ALL | **25 Medal of Honor Day**<br>10:00 Snack & Chat -ALL<br>10:15 Rosary Visits -ALL<br>10:30 Pokeno -D<br>2:30 Monthly Birthday<br>Celebration with<br>Greg Albert -D | **26 Spinach Day**<br>**Trip - Mystery Trip**<br>10:30 15-Minute Fitness Fun -3<br>10:30 Jokes & Laughter Hour -2<br>2:30 Channel 8 Classic Movie<br>2:30 Arts and Crafts -D<br>2:30 Trivia Time -3 | **27 National Scribble Day**<br>10:30 Juice Bar -All<br>10:30 Dominos Club -D<br>2:30 Happy Hour with<br>Nick Canzanese -D | **28 Earth Hour**<br>10:30 Morning Bingo -D<br>2:30 Channel 8 Movie -D |
| **on Day**<br>he Senses -2<br>ALL | **ACTIVITIES ARE SUBJECT TO CHANGE AND UP-DATED DAILY ON MEET & GREET** | **Regency Healthcare and Rehabilitation Center**<br>801 N. Broom St.<br>Wilmington DE 19806<br>302-654-8400 | **Where it's happening:**<br>**Daily**<br>9:45 Meet & Greet-ALL<br>Independent Games/Cards -D<br>2 - 2nd Floor 3 - 3rd Floor<br>D - Dining Room P - Patio | |

## **Resident of the Month:** Ruthann Burton

Ms. Ruthann Burton was born July 27, 1925 in Chadds Ford, PA, but grew up in Wilmington, DE. Her parents, Fredrick Douglas and Bessie Jane Burton, encouraged the entire family to value education; they were "dared not to learn". All five brothers had professional careers; they were doctors and ministers. Ruthann attended Howard High School, Howard University in Washington, D.C. and the University of DE; eventually earning a Masters in Education and a Minor in Music. Ms. Burton is a member of the women's professional sorority, Delta Kappa Gama. She finished her career as a teacher at Mote Elementary on Kirkwood Highway, teaching 4th, 5th and 6th grades and Music. She enjoys all music, but Classical and Spiritual/Religious are her favorites. She and her father enjoyed playing together, her on piano and him on violin. While here at Regency, Ruthann enjoys a variety of group programs and socializing with others.

## Famous March Birthdays

The following people were born in March. Can you find their **last names**? Search horizontally, vertically, diagonally, forward, and backward.

```
R V V T R P O P C K D R
M E E Z O H L G F P E I
I L T M L S U O L H Q B
L G H N L Q S N C Z L F
L Z L A E N O S T R F S
E B Y F T P I Z E E E K
R T U B S F R N A N R M
C T L P O H I A O N X N
Q O M N C E A J C I R Z
L C F C R Q T Q A M M A
A S L Z D R J O H N W H
W I L L I S V C I K A D
```

***Bonus:*** *Match the person to the correct clue.*

A. Desi **ARNAZ**
B. Karen **CARPENTER**
C. Lou **COSTELLO**
D. Bobby **FISCHER**
E. Holly **HUNTER**
F. Elton **JOHN**
G. Casey **JONES**
H. Glenn **MILLER**
I. Shaquille **O'NEAL**
J. Rob **REINER**
K. Willard **SCOTT**
L. Bruce **WILLIS**

1. Soft vocals singer _____
2. Weatherman _____
3. Chess champion _____
4. *I Love Lucy* star _____
5. Pop singer _____
6. Movie actress _____
7. Director _____
8. Basketball great _____
9. Big band leader _____
10. Comedian _____
11. Railroad engineer _____
12. Movie actor _____

## March Facts

Would you like to know more about people who are born in March?

- People born in the month of March are very generous.
- They love playing pranks on people, so they are a little bit naughty in nature as well.
- March-born people love peace and calmness. They prefer to get lost in their thoughts. March-born people are introverts.
- Those people who are born in March are pet lovers and look for a Natural Cure for sickness. They believe in living a healthier and happier life with a grounded attitude.
- They are very devoted and trustworthy, especially with friendships, their love life, marriage, and with family members, too.
- March-born people are gifted with music and are very good at playing musical instruments.
- People born in March are passionately positive.

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