

## A Note From Our Administrator

September to me is a wonderful month; end of summer and start of autumn. There's just something that most of us LOVE about the month... which results in a joyfully lopsided abundance of happiness.

*"We know that in September, we will wander through the warm winds of summer's wreckage. We will welcome summer's ghost."*  
~ Henry Rollins

**Bruce Martins, NHA**

Administrator, Regency Healthcare & Rehabilitation

## Our Department Leaders

- **Bruce Martins**  
Administrator
- **Doug Frank**  
Director of Nursing
- **Alpha Mansaray**  
2nd Floor ADON
- **Mary Cable**  
Admissions & Community Relations Director
- **Jackie Ala**  
Human Resources/  
Payroll
- **Tammie Williams**  
Business Office Manager
- **Dr. Karen McGhee**  
Medical Director
- **Lisa Peace**  
Staff Development/  
Infection Control
- **Margaret Arlt**  
Activities Director
- **Laura Drake**  
Director of Rehabilitation
- **Jessica Polchin**  
Dietician
- **Jasmarie Preston**  
Director of Food Services
- **Lamar Dennis**  
Central Supply
- **Dino Petrucelli**  
Director of Maintenance
- **Jim Woolston**  
Director of Housekeeping
- **Cherie Simmons**  
RNAC



Judy L. painting a picture



Arthur H. and Mike M. enjoying a Happy Hour "beer" and music



Tyere enjoying the Friday Happy Hour beverage even when its nonalcoholic



# September 2023 Activity Calendar

## Resident Birthdays

Ben L. – 09/03  
Robert C. – 09/06  
Jesus A. – 09/07  
Elizabeth M. – 09/10  
Tyere Mc. – 09/14  
Ernest T. – 09/17  
Patricia T. – 09/19  
Theodore W. – 09/20  
Linda S. – 09/22  
Beulah D. – 09/24  
Steven W. – 09/27  
Duane J. – 09/29

## Staff Birthdays

Briana H. – 09/07  
Tapri P. – 09/07  
Stacia T. – 09/10  
Khayalah A. – 09/22  
John B. – 09/27  
Charles N. – 09/28  
Stacy S. – 09/28



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>September 2023</h1> <h2>Regency Healthcare &amp; Rehabilitation Center</h2>							
					<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Regency-style Black Jack-D 2:30 Happy Hour with Veronica- D</p>	<p>10:15 Morning Coffee and Discussion-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Bingo-D</p>	
<p>10:15 Morning News/ Coffee Chat-D 11:00 Spiritual Readings-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Movie-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Movies &amp; Stars-D 2:30 Open Painting Time/ Regency Store-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Balloon Bowling-D 2:30 Pokeno-D 6:00 Evening Bingo</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-2/3 10:30 Exercise-2/3 11:00 Trivia-2/3 2:30 Bingo-D Snack and Chat- Chocolate Milk and Cookies</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Balloon Parachute-D 11:00 Patio Time-P 2:30 Cooking Club – Rice Crispy Treats-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Regency-style Black Jack-D 2:30 Happy Hour with Tony Lombardi-D</p>	<p>10:15 Morning Coffee and Discussion-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Bingo-D</p>	
	Labor Day						
<p>10:15 Morning News/ Coffee Chat-D 11:00 Spiritual Readings-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Movie-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Destination- Meet Me in Milan-D 2:30 Open Painting Time- Regency Store-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Patio Time-P 1:30 Women's Spa Day 2:30 Pokeno-D 6:00 Evening Bingo</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-2/3 10:30 Exercise-2/3 11:00 Tell a Joke Day-2/3 2:30 Bingo-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Balloon Parachute-D 11:00 Patio Time-P 2:30 Craft Zone-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Regency-style Black Jack-D 2:30 Happy Hour with Nick Canzanese-D</p>	<p>10:15 Morning Coffee and Discussion-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Bingo-D</p>	
Grandparents Day					Rosh Hashanah Begins	Oktoberfest Begins	
<p>10:15 Morning News/ Coffee Chat-D 11:00 Spiritual Readings-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Movie-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:15 Exercise-D 10:30 Living Life Spiritual-D 2:30 Open Painting Time- Regency Store-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Patio Time-P 2:30 Pokeno-D 6:00 Evening Bingo</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-2/3 10:30 Exercise-2/3 11:00 AM Word Fun-2/3 2:30 August Birthday Celebration &amp; Karaoke-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Balloon Parachute-D 11:00 Patio Time-P 2:30 Cooking Club – English Muffin Pizza-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Regency-style Black Jack-D 2:30 Happy Hour with Greg Albert-D</p>	<p>10:15 Morning Coffee and Discussion-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Bingo-D</p>	
	Special creamers for coffee all week..... come experience a new taste!						
						Autumn Begins	
<p>10:15 Morning News/ Coffee Chat-D 11:00 Spiritual Readings-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Movie-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Lifelong Learning Fashion Preservation-D 2:30 Open Painting Time- Regency Store-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Patio Time-P 2:30 Pokeno-D Room to Room – Apple Cider Day 6:00 Evening Bingo-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-2/3 10:30 Exercise-2/3 11:00 Who What Where? Trivia-2/3 2:30 Bingo-D Snack and Chat</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Tic-Tac-Toss/Trivia-D 2:00 Food Committee &amp; Resident Council-D</p>	<p>9:30 Meet &amp; Greet 10:15 Coffee Chat-D 10:30 Exercise-D 11:00 Regency-style Black Jack-D 2:30 Happy Hour with Jack Piccari-D</p>	<p>10:15 Morning Coffee and Discussion-D 1:00 Open Recreation in the Dining Room 2:30 Afternoon Bingo-D</p>	
Yom Kippur Begins					Sukkot Begins		





## Resident of the Month: Gregory Altimore

Gregory Altimore was born on January 27, 1949, in Canton, Ohio, home of the Football Hall of Fame. He attended Lincoln High School, where he played football. He and his 9 siblings would go to a nearby field to play ball games; they had the whole team. He was also an Eagle Scout.

Gregory's first job was at 16, cleaning a bar for \$10 a week. He attended college in Modesto, CA, learning HVAC. To graduate, you had to construct a working unit from scratch; he ended up owning a business.

His leisure time was spent building racing engines and being on the drag race circuit, racing all over the country. He met his wife of 55 years when he owned 27 horses and was involved in racing them. It was love at first sight. He and his wife have raised 3 daughters, 2 grandchildren and countless foster children. He currently has a total of 15 grandchildren. Knowing that he gave the foster children a safe place even for a short time was very satisfying.

He is a retired EMT/Firefighter (on the nozzle); a hero that would give up his oxygen mask during fighting the fire to those they found in the burning buildings. His advice for others, "Believe in God; have God in your heart and soul and treat people good... be a Christian in all things."

# Autumn



## WORD SEARCH

E	A	X	W	A	L	R	S	T	S	T	
T	K	W	Q	U	E	E	F	G	C	N	Y
F	B	O	O	T	S	F	A	E	I	D	L
H	A	E	A	R	C	I	L	S	K	A	I
M	F	E	O	E	A	P	L	S	C	S	E
A	W	H	H	E	P	U	M	P	K	I	N
S	I	H	K	A	R	B	E	T	P	R	D
E	A	A	N	E	Y	N	M	R	O	A	C
O	R	J	X	K	V	S	N	C	G	R	Q
H	L	E	A	F	S	C	A	R	F	I	O



- |       |         |       |
|-------|---------|-------|
| SCARF | APPLE   | BOOTS |
| TREE  | FALL    | RAKE  |
| ACORN | PUMPKIN | PIE   |
| HAY   | SWEATER | LEAF  |

**30 DAYS IN THE MONTH**

- Grandparents Day
- Chinese Moon Festival
- National Talk Like a Pirate Day
- Patriot Day
- Aster September Flowers
- Sapphire Birthstone
- National Potato Day
- Goodbye Summer / Hello Fall
- Astrology Signs: Virgo, Libra
- National Coffee Day
- 9th Month of The Year
- National Play Doh Day

**SEPTEMBER FUN FACTS**

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