STERLING
HEALTHCARE & REHABILITATION
Center

A Member of **NATIONWIDE HEALTHCARE SERVICES**

Resident Birthdays

Delores Kelly • 8/3
James Parish • 8/5
Jeanne Blackburn • 8/6
John Rowles • 8/7
Joan Hughes • 8/9
Thomas Zarelli • 8/9
Lawrence Coleman • 8/11
Sarah Giduck • 8/15
Frank Williamson • 8/16
Elizabeth Palmer • 8/17
Sandra Miele • 8/18
Wallace King • 8/25
Henry Howard • 8/25
Helen Hall • 8/29
Linda Richardson • 8/29

Staff Birthdays

Gina Mitvitowicz • 8/1
Rosemary Secker • 8/1
Aminata Kamara • 8/3
Mechelle Kittrell • 8/4
Isha Musa • 8/4
Erick Waitara • 8/4
Bernice Lundy • 8/6
Felicia Vickers • 8/7
Shoncia Mills • 8/8
Francine Buckley • 8/9
Robin Elam • 8/9
Annette Poole • 8/10
Carla Rivello • 8/16
Dupree Trader • 8/16
Linta Mathew • 8/18
Doris Robert • 8/24
Bernade LaFleur • 8/28
Barbara Mann • 8/28
Jennifer Risi • 8/28
Nathan Allen-Davis • 8/29
Mary Johnson • 8/30
Ericca Ross • 8/30
Genevieve Fortson • 8/31

August 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Art of Music / Story Time (G) Food for Thought / Discussion (1) Guess What Farm Tool (2) Plants & Animals (3) 2:00 pm Flower / Aromas / Music / Discussion (G) Table Top Games (1,3) **Science with Gloria (2)**	**2** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Language of Flowers (G) Healthier You (1,2) Anniversary of V-D / Discussion (3) 2:00 pm Baby Love / Aromas / Music (G) Resident's Choice / Westerns (1) **Rafaela Entertains (2)** National Coloring Book Day / Art (3) **Ice cream Sandwich Day**	**3** 9:45 am Table Top Games / Puzzles (G,3) 11:00 am Abounding Grace Church (2) 2:00 pm Anagram / Music (1) Fun Facts / Anagram (2)
4 9:30 am Morning Worship (2) 2:00 pm Church of the Nazarene (2)	**5** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am A Fair for the Books / Music (G) Who am I? / Discussion / Music (1,2) Going, Going, Gone / Discussion / Art (3) 2:00 pm Baking Group / Music / Discussion (G) Bingo Bongo (1) Crafty Corner (2) Lotto / Music / Puzzles (3)	**6** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Name That Tune / Art (G) Star of the Month (1,2) Textures / Music / Art (3) 1:30 pm **Food Committee / Resident Council (2)** 2:00 pm Baking / Story Time / Aromas (G) Indoor Sports / Music (1,3)	**7** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Lighthouse Day / Discussion / Music (G) Purple Heart Anniversary (1) **Bible Study (2)** Some Old Sayings / Music (3) 2:00 pm Baby Love / Aromas / Music (G) Western Wednesday / Art (1) The Poetry of Dorothy Parker (2) Table Top Games (3)	**8** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Teddy Bear Picnic / Music / Story time (G) Rhyme Time / Discussion / Anagram (1) The Year was 1941 (2) Name That Tune (3) 2:00 pm Scents of Days Past (G) Finish the Song Lyrics (1) Easy Does It Trivia / Anagram (2) Bowling (3)	**9** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Keeping Time (G) August IQ / Discussion / Music (1) State Fairs and Amusement Parks (2) Ring Toss / Puzzles / Art (3) 2:00 pm "Boop-Oop-A-Doop" Day (G) Resident's Choice / Westerns (1) **Philly Cuzz Entertains (2)** Vacation Memories Day (3)	**10** 9:45 am Table Top Games / Puzzles (G,3) 2:00 pm Bingo / Puzzles (1) Fun Facts / Bingo (2)
11 9:30 am Morning Worship (2) 2:00 pm Blue Church (2)	**12** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 pm Laundry Day / Music / Puzzles (G) What am I?/ Discussion / Music (1,2) Rhythm and Motion (3) 2:00 pm Arts and Crafts (G) Fairs Bingo (1) Creative Corner (2) Noodle Ball / Music / Discussion (3)	**13** 9:45 am Moving to Music (G,1,2,3) Coffee Time / Daily Chronicle (G,1,2,3) 10:30 am Baby Love / Aromas / Music (G) Southpaw Day / Anagram (1,2) Indoor Sports / Games / Music (3) 2:00 pm Let's Reminisce / Music / Art (G) August Easy Does It Trivia (1) Baking Group / Discussion (2) Bowling / Music (3) **Community Outing to Wal-Mart**	**14** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Helping Things Grow (G) On this Day 1945 (1) **Bible Study (2)** Creative Corner / Music (3) 2:00 pm Beach Ball Toss (G) Random Trivia Anagram (1) **Ice Cream Social / Music (2)** Words to Live By and Laugh (3)	**15** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Name That Tune / Art (G) What am I? / Discussion (1) Bingo (2) Lotto / Puzzles / Music (3) 2:00 pm Animal Friends (G) National Relaxation Day / Anagram (1) **Spiritual Mass / Music (2)** Table Top Games / Music / Trivia (3)	**16** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Ring Toss (G) More Jeopardy Trivia / Anagram (1) "Fair Days" (2) Price Reminiscing (3) 2:00 pm Laundry Day / Discussion / Music (G) Creative Corner / Music (1) **Joe Marchetti Entertains (2)** You Be The Judge (3)	**17** 9:45 am Table Top Games / Puzzles / Music (G,3) 2:00 pm Bingo / Art (1) Fun Facts / Anagram (2)
18 9:30 am Morning Worship (2) 2:00 pm Christ Christian Community Church (2)	**19** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Basketball Appreciation (G) Who am I? / Discussion / Music (1,2) Rock Around the Clock / Music (3) 2:00 pm Potato Day / Fun Facts (G) A Different Kind of Bingo (1) Crafty Corner (2) International Bow Day / Art (3)	**20** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Arts and Crafts (G) Ball Toss / Puzzles / Music (1) Fairly Good Food / Discussion / Trivia (2) Parachute Fun / Music / Art (3) 2:00 pm Baby Love / Aromas / Music (G) Lemonade's Birthday / Fun Facts (1,2) Bean Bag Toss / Music (3) **Community Outing to the Dollar Store**	**21** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) 10:30 am **Carousel Songs at the Fair** (G) **Indoor Carnival (1,3)** 2:00 pm **Indoor Carnival (G,2)** Resident's Choice (1,3)	**22** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Looking Good (G) Sun Flower Day / Fun Facts / Art (1) Family Feud (2) Indoor Sports (3) 2:00 pm Roses from the South (G) Pokeno / Puzzles / Trivia (1) **Poker** / Crafts (2) Musical Bingo (3)	**23** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Printing Vegetables (G,3) Jeopardy Trivia / Anagram (1) Diligence and Perseverance (2) 2:00 pm Baby Love / Aroma / Music (G) Resident's Choice / Cinema Time (1) **Anthony DeCarolis Entertains (2)** Wildlife Symphony / Music (3)	**24** 9:45 am Table Top Games / Puzzles (G,3) 2:00 pm Bingo / Puzzles (1) Fun Facts / Anagram (2)
25 9:30 am Morning Worship (2) 2:00 pm Savior Soul Band (2)	**26** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Name That Tune (G) What am I?/ Discussion / Music (1,2) Same Old Sayings (3) 2:00 pm Flower / Aromas / Music / Discussion (G) Cover All Bingo (1) **Cherry Popsicle Day** / Fun Facts (2) Creative Corner (3)	**27** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Soft n' Cuddly / Story Time (G) Wii Bowling / Music / Puzzles (1) Rhyme Time / Discussion / Anagram (2) Balloon Ball / Music / Puzzles (3) 2:00 pm Painting Gardens (G) Baking Group / Reminiscence (1) Baking Group / Discussion (2) Banana Lovers Day / Art / Facts (3)	**28** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am Bouquet of Flowers (G) Table Top Games (1) **Bible Study (2)** Wii Bowling / Puzzles (3) 2:00 pm Bubbles / Music / Art (G) A Hallmark Day / Music (1) Wii Bowling (2) Ringer Day (3) **Backyard Barbecue**	**29** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Moving to Music (G,1,2,3) 10:30 am Outside Sounds (G) The Price is Right (1) Take Me To The Fair (2) Table Top Games (3) 2:00 pm Houses and Homes (G) Feathered Friends (1,2) Noodle Ball / Art / Music (3)	**30** 9:45 am Coffee Time / Daily Chronicle (G,1,2,3) Chair Dancing / Music (G,1,2,3) 10:30 am The Four Tastes (G) Modern Jeopardy (1,2) Sing- A- Long / Story Time (3) 2:00 pm Flower / Aromas / Music / Discussion (G) Baseball Trivia (1) **Monthly Birthday Celebration (2)** What's the Difference / Aromas (3)	**31** 9:45 am Table Top Games / Puzzles (G,3) 2:00 pm Bingo / Puzzles (1) Anagram / Music (2)

Any Calendar Changes or Additions Will Be Posted.