

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2020

Sterling Healthcare & Rehabilitation Center

<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Art / Puzzles / Music (1) Mixed Up Post Office (2) Marching In the Band (3) 2:00 - 4:15 pm Memory Lane (1) Incredible Insects / Anagram (2) Noodle Ball / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Trivia / Anagram / Name That Tune (1) August IQ / Anagram (2) Noodle Ball / Music / Discussion (3) 2:00 - 4:15 pm Georgia on My Mind (1) The Dog Days of Summer (2) Spa Day / Music / Puzzles (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Men's Category Trivia (1) "Rest" and Relaxation (2) Can You Picture This? / Discussion (3) 2:00 - 4:15 pm Men's Category Trivia (1) What am I? / Discussion (2) Creative Corner (3)</p>	<p>9:30 -10:15 am Forever Friends / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Art / Puzzles / Music (1) Category Trivia (2) Hidden in Plain Sight (3) 2:00 - 4:15 pm Spiritual (1,2,3) Doorway Pokeno / Music / Art (1) You Be the Judge (2,3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Savoy Hotel Facts / Music (1) Anagram (2) Trivia Tabs / Music / Art (3) 2:00 - 4:15 pm How Hot is it? (1) Who am I? / Discussion (2) Remembering Songs About Summer (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Mixed-Up - Kool - Aid / Discussion (1) Mixed-Up Hot or Cold (2) Purple Heart Anniversary / Music (3) 2:00 - 4:15 pm Art / Puzzles / Music (1) Dogs Bingo (2) Big Adventures, Tiny House (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Calendar Review (1,2,3) 2:00-4:15 pm Tony Bennett and Easy Listening (1) Hallway Bingo (2) History of Sister's Day / Music (3)</p>
<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Air Conditioning Mining (1) Take Five Trivia (2) Language of Flowers (3) 2:00 - 4:15 pm Little Ones / Puzzles (1) Taking a Dip Trivia (2) Circle Dancing (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) World Lion Day / Art / Music (1) Charles Darrow Day/ Monopoly Facts (2) Eddie Fisher Day facts / Music (3) 2:00 - 4:15 pm August EZ Trivia (1) Modern Jeopardy / Anagram (2) Remembering a Day at the Lake (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Anagram (1) Last of the Dog Days / Bingo (2) Name That Tune / Art (3) 2:00 - 4:15 pm Who am I? / Discussion (1) Creative Corner (2) Teddy Bear Picnic / Discussion / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Puerto Rico Day / Discussion / Music (1,2) Middle Children's Day / Discussion (3) 2:00 - 4:15 pm Spiritual (1,2,3) You Be the Judge (1) Doorway Pokeno / Music / Trivia (2) This Price is Not Right! (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Art Puzzles / Music (1) South Paw Day / Anagram (2) Summer Song's Day (3) 2:00 - 4:15 pm What am I? / Discussion (1) More Jeopardy / Discussion (2) History of Birthstones / Music / Art (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Random Trivia / Discussion / Music (1) Jeopardy Trivia / Anagram (2) Indoor Sports / Craft (3) 2:00 - 4:15 pm Matching Lamps (1) Beach Blanket Bingo (2) Name That Tune / Ball Toss / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Words with Friends (1) Anagram (2) Things That Aren't Anymore (3) 2:00 - 4:15 pm Longwood Gardens (1) Resident's Choice (2) When We Were Kids (3)</p>
<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Sightseeing Trivia (1) Chess and Checkers (2) Bouquets of Flowers (3) 2:00 - 4:15 pm Star of the Month (1) Tony Bennett and Easy Listening (2) Looking Good (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Mail Order Catalog Day Facts (1) Baby Boomers Facts / Anagram (2) Thrift Shop Day / Discussion / Music (3) 2:00 - 4:15 pm A Very Cool Beatle (1) How Hot is it? (2) Name That Tune / Let's Go Shopping (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Art / Puzzles / Music (1,3) Hallway Bingo / Art / Music (2) 2:00 - 4:15 pm What am I? / Discussion (1) Creative Corner (2) Color of Scarves / Discussion / Music (3)</p>	<p>9:30 -10:15 am Forever Friends / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Condensed Milk Patent Anniversary (1) Coco Chanel Day Facts (2, 3) 2:00 - 4:15 pm Spiritual (1,2,3) Remembering a Day at the Lake (1) Doorway Pokeno / Music / Art (2) Ball Toss / Picture View / Discussion (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Trivia / Anagram / Name That Tune (1) Anagram (2) Noodle Ball / Music / Discussion (3) 2:00 - 4:15 pm Lemonade's Birthday / Discussion (1) What am I? / Discussion (2) Stainless Steel Day (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Mona Lisa Missing Anniversary Facts (1) National Senior Citizens Day (2) Slinky Day Facts (3) 2:00 - 4:15 pm Bubble Wrap Anniversary (1) Distancing Bingo (2) Fruit and Vegetables / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) August IQ (1) Wizard of Oz Scrabble (2) Love and Laughter (3) 2:00 - 4:15 pm Missing First Letter (1) Which is the Correct Spelling (2) Rainforest Impressions / Art (3)</p>
<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Picnic at the Park (1) Geology Trivia (2) Picture View / Music (3) 2:00 - 4:15 pm Old Fashion Country Cooking (1) Distancing Bingo (2) Keeping Time (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Modern Jeopardy / Anagram (1) Worlds Most Beautiful Waterfalls (2) Outside Sounds / Discussion / Art (3) 2:00 - 4:15 pm What's My Line (1) Peach Pie Day / Movie (1,2,3) Noodle Ball / Puzzles/ Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Creative Corner (1) Delightful Dahlias / Music (2) Painting Gardens / Music (3) 2:00 - 4:15 pm Whiskey Sour Day / Movie (1) Who am I? / Discussion (2) Pom Poms and Cheerleaders / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) National Dog Day (1) Doorway Pokeno / Music / Reading (2) House and Homes / Discussion / Music (3) 2:00 - 4:15 pm Cherry Popsicle Day / Movie (1) Hallway Bingo / Trivia (2) Chicken Soup for the Soup (3)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) King of the Jungle (1) First Kiss Day, Do you Remember? (2) Language of Flowers / Discussion (3) 2:00 - 4:15 pm What am I? / Discussion (1) "The Duchess" Who Wasn't Day (2) Keeping Time (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Reminiscing Pass Role (1) I Have a Dream Day (2) World Daffodil Day / Poetry / Art (3) 2:00 - 4:15 pm Distancing Bingo (1) Beach Blanket Bingo (2) Happy Birthday Ingrid Bergman / Movie (2)</p>	<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Who am I? / Discussion (1) Happy Birthday Weezy / Anagram (2) Memory Lane (3) 2:00 - 4:15 pm Simply Cool Décor' (1) You be The Judge / Discussion (2) Name That Tune / Trivia (3)</p>
<p>9:30 -10:15 am Daily Devotion / Chair Dancing (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Momisms Trivia / Music (1) Double Take / Anagram (2) Baby Boomers Favorite (3) 2:00 - 4:15 pm Home Business / Music / Puzzles (1) Spa Day Trivia (2) In the Garden / Art / Music (3)</p>	<p>9:30 -10:15 am Daily Devotion / Laughter Yoga (1,2,3) 10:15 -11:45 am Daily Chronicle (1,2,3) Flash Photography Mining (1) Words with Friends (2) When We Were Kids (3) 2:00 - 4:15 pm Making a Fashion Collage / Music (1) Hidden In Plain Sight (2) Baby Love (3)</p>	<p style="text-align: center;">Education: Mask must be worn during Activities. Room Visits are provided daily in the am and pm. Video Chats with families and friends occur daily. Night Programs occur on Tuesdays and Thursdays 6-8p. Food Service Satisfaction Survey 8/05 Covid- 19 Resident Council Satisfaction Survey 8/11</p>				
<p style="text-align: center;">Any calendar changes or additions will be posted.</p>						