

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2020

## Sterling Healthcare & Rehabilitation Center

Group Activities have temporary restrictions. Masks must be worn at all times.  
Food Service Satisfaction Survey Individually 10/6. Covid -19 Resident Council Satisfactory Survey Individually 10/13.

						<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Star of the Month <b>Happy Birthday, Julie Andrews</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>10 Things to know about Sukkot and Simchat Toah</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Sukkot, The Feast of the Booths Art and Music  Sukkot Begins</p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>The Andy Griffin Show 60<sup>th</sup> Anniversary</b></p> 
<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Morning Stretch A Word from Chaplin Bill Puzzles / Music Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Books and Authors <b>Leave it to Beaver Show 63rd Anniversary</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What's Wrong with This Picture? <b>World Teachers' Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What am I? / Trivia <b>Texting Tuesday</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>Happy Birthday Yo-Yo Ma / Music</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Strolling with Ice cream</b> Remembering a Walk in the Woods</p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Can You Picture This? <b>Nuts About Squirrels Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Is This the Right Price? <b>John Lennon Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>TheLonious Monk Day</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Simchat Torah Mining</p>  <p>Simchat Torah Begins</p>		
<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Morning Stretch Video Chats A Word from Chaplin Bill Puzzle / Music 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm October IQ <b>Clergy Appreciation Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What's Wrong with This Picture? <b>Shine on Day</b></p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What am I? / Trivia <b>That's Italian Tuesday</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>Ethel Merman Facts</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>A Sweet Treat Just for You!</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What is This Used For? <b>I Love Lucy Anniversary</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>Patsy Cline / Art Choice</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Fall Fiddler Detective <b>Happy Birthday, Angela Lansbury</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm More Jeopardy Trivia <b>Happy Birthday, Mae Jemison</b></p> 		
<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Morning Stretch A Word from Chaplin Bill Puzzles / Music Video Chats 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Read the Funnies First Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm What's Wrong with This Picture? <b>A Doughnut Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>"Jelly Roll" Morton Day</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Haunted House Mining</p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Soft Jazz / Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Just Another Tasty Treat - Yummy!</b> Scary Story Detective</p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>Think Positive Thursday</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Who, Who, Want's to Lean about Owls? <b>Happy Birthday, Curly Howard</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm 'Owling out Laughter Owl Trivia  <b>Wear It Pink Day</b></p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Silly Saturday</b> My Neighbor is a Witch</p> 		
<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Morning Stretch A Word from Chaplin Bill Puzzles / Music Video Chats 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Jeopardy Trivia <b>Mother-in-Law Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats <b>Mahalia Jackson's Birthday</b> 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Matching Pumpkins The Monster Match <b>Happy Birthday, Pat Sajak</b></p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Classic Monster Movies <b>Toothbrush Tuesday</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Happy October Birthday (Cake on Wheels)</b> Matching Movie Clappers</p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Ghoulishly Funny Riddles! Halloween Costumes Pass it On <b>National Cat Day</b></p> 	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Morning Stretch Video Chats Music and Art Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm <b>Frankenstein and Friends Friday</b> Remembering Halloween / Music</p>	<p>8:30 am - 9:30 am 1:1 Room Visits / Daily Chronicle 9:30 am - 11:15 am Daily Devotion / Rosary Halloween Exercise Stations Video Chats Music Choice 1:00 pm - 2:00 pm Hydration and Music 2:00 pm - 4:30 pm Hallowed Halloween <b>National Magic Day</b> <b>Happy Birthday, Dan Rather</b></p> <p>Halloween</p>		

Programs listed are handouts that can be used at your Leisure. Room Visits by Staff, provided daily. Night Visits and Video Chats occur Tues, Wed, and Thurs 6-8pm. Any calendar changes or addition will be posted